Breakthrough Stem Cells Therapy For Children With Autism

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Abstract
A stem cell is a pluripotent cell, a cell that develop into other types of cells. These results suggest that stem cells may be employed to regenerate neurons and repair damaged ones. Several animal studies have shown that stem cell treatment can reduce autistic-like behaviour. One study indicated that stem cell treatment helped autistic rodents engage in less repetitive activity and have more positive social interactions. The outcomes of the first human clinical studies were likewise promising. One study found that teenagers on the autism spectrum were able to communicate better after receiving stem cell treatment. It’s important to remember, though, that studies of stem cell treatment for ASD are just getting started. More studies on the efficacy and safety of stem cell treatment in people are needed. Ethical considerations must also be considered before stem cell treatment is extensively employed to treat ASD.

Keywords: Stem cell therapy, Autism, Animal studies, spectrum disorder.

1. Introduction
Signs of ASD, known as, autism spectrum disorder involves the issues within communication and social connects including behavioral concerns and patterns of repetitive behavior. Revealed by Centers for the Disease control and the Preventions 2020 report, In US, every 1 child among 54 children develops major problem for them and their families. Conventional therapies for autism focus on relieving symptoms rather than addressing the underlying cause of the illness, despite decades of study. Recent scientific developments in regenerative medicine have increased the breadth of available treatment options for autism. Stem cell treatment is a cutting-edge medical innovation with enormous potential. The CDCP known as, center for the disease control and prevention in year 2020 the stem cells have enough capability to self-renew and have specialization in various type of cells. Because of their unique feature, they are ideal patients for the treatment of neurodevelopmental diseases like autism. Stem cell therapy has been studied extensively for the treatment of neurological disorders. Despite this, research has only recently evolved, leading to a better understanding of the advantages and risks of stem cell treatment for autism. The present state of knowledge is explored by Borlongan et al. (2019), with particular emphasis on the possibility for the treatment of stem cell to curb the occurrence of autism and promote the quality of life for the child.. Borlongan et al. (2019) found that the efficacy of stem cell treatment hinges on the stem cell's potential to have the protective measure for neuro, neuroprotective and regenerative properties. More so, Lee et al. (2021). As a result of these traits, they may be at risk for developing neurodevelopmental disorders like autism, which cause difficulties with social interaction and communication across the brain's neural circuits. Stem cells have been demonstrated to improve behavioral impairments and repair brain circuitry in preclinical studies using animal models.
of autism. Siniscalco et al. (2017) found that traditional therapy and medications for autism don’t work well enough to make a significant difference in patients’ lives. Behavioral therapy for certain autistic children are seen as time-consuming, expensive, and useless, according to a 2018 study by Knoppers et al. Additionally, pharmaceutical therapies typically have unwanted side effects and may only address particular symptoms rather than the root cause. Stem cell treatment, on the other hand, is a fresh strategy for addressing the underlying neurological defects that underlie autism. Furthermore, it is crucial to address ethical concerns about informed permission, patient selection, and the appropriate use of stem cells.

**Research Objectives**

The aim of this research is to carry out the interpretation and assessment of previous literature about stem cell treatment for autistic people. We want to evaluate the efficacy and safety of stem cell therapies by reviewing preclinical papers, clinical trials, and case reports in order to better understand the process of action and reveal the common barriers and paths for the future in the specific field.

**Research Significance**

The findings of this study are widely regarded as groundbreaking. The foundation for the current study is the treatments for autism spectrum conditions, both old and new, are urgently needed. Stem cell treatment presents a potentially beneficial route for treating autistic children and their families by targeting the underlying biological causes of the disorder. This study of stem cell treatment has important implications for ethics and individualized medicine, and it contributes to our growing understanding of the biological basis of disorders.

**Literature Review**

Many people throughout the world struggle with autism spectrum disorder (ASD), that is taken as a complex neurodevelopmental sickness. The therapy of stem cells has researched as a possible and considered treatment for the autism because of its unique features. Stem cells may both divide indefinitely and differentiate into other types of cells, such as neurons. Due to their capacity for regeneration, they show great promise as potential therapies for addressing the observable neurological defects in ASD patients. Studies in animals have improved confidence in stem cell therapy’s potential effectiveness in the treatment of ASD while, stem cells were found to have neuroprotective and immunomodulatory qualities in these research, meaning they aid in neuronal repair and improve synaptic connection. These results lay a solid groundwork for further studies into the therapeutic applications of stem cell treatment. There are a number of standard methods for dealing with ASD symptoms, but they all have their drawbacks. Although useful, behavioral therapy for children with autism spectrum disorder (ASD) can be time-consuming, costly, and unsuccessful for some kids. On the other hand, pharmaceutical therapies may be tailored to address specific symptoms, often with unintended consequences. Stem cell therapy is a novel approach to treating the underlying neurological problems in ASD. Stem cell therapy may be able to modify ASD-related behaviours more significantly and for longer than other treatments by fostering neuroplasticity and restoring damaged brain cells. Concerns about ethics and safety must be carefully considered when stem cell treatment for ASD is developed. Scientists need to do a thorough assessment of the safety profile of stem cell transplantation before moving forward with human clinical trials. This entails doing things like calculating how likely it is that bad things will happen and then taking steps to prevent them. Ethical concerns can have a major impact on how stem cell treatment is implemented. Informed consent, patient selection criteria, and ethical stem cell usage are all issues that need to be addressed to protect the rights and safety of study participants. The study of stem cell treatment for autism spectrum disease remains in its infancy. The findings of preclinical investigations are encouraging, but comprehensive trials of clinical basis are important to reveal safety and efficiency of human treatment. The outcome of ongoing clinical trials has identified the stem cell use as treatment in patients with ASD are awaited with great interest. Understanding how stem cell treatment influences ASD-related brain circuitry and behaviour is an important area for future study.

and the tailoring of medicines for specific patients will benefit from a better knowing the interaction of stem cells with brain enhance synaptic connection.
Adolescents with autism spectrum disorder (ASD) have high hopes for stem cell therapy as a potentially game-changing therapeutic option. Stem cells provide hope for treating ASD-related neurodevelopmental problems because of their special regenerative and neuroprotective characteristics. However, further research, including high-quality clinical studies are required for this. Researchers can clear the way for a potentially life-changing treatment by resolving safety issues and ethical consequences for people with autism spectrum disorder.

**Research Methodology**
The term “secondary research” refers to the process of reviewing and analyzing relevant prior research and data. Rather of directly involving human patients, this study will instead rely on secondary sources to assemble comprehensive and up-to-date data on stem cell treatment for autism.

**Research Design**
This investigation is mostly descriptive and exploratory in methodology. This research aims to synthesize the current body of information on stem cell therapy for pediatric autism, including the rationale, possible advantages, safety issues, and ethical implications of this treatment. Secondary research enables in-depth and comprehensive examination of the issue, providing useful insights into the present state of research and revealing gaps in the literature.

**Research Sources**
Academic databases, scientific publications, conference proceedings, reports, and credible websites are only some of the sources used in this investigation. If you use a variety of resources, you can be assured that you will learn everything there is to know about the topic.

**Data Collection**
Searching scholarly literature databases like PubMed, Google Scholar, and ScienceDirect is an integral part of the data collecting process. Careful consideration will be given to the choice of keywords and search queries to guarantee the retrieval of up-to-date, relevant stem cell treatment research for autism. Included papers focused on human subjects or animal models of autism and published in the recent ten years in peer-reviewed journals or other trustworthy sources were used to develop and compile this research.

**Research Analysis**
Apply a theme analysis methodology to the development of this research procedure. After a sufficient amount of pertinent literature has been collected, a thorough evaluation will be conducted, and the discovered studies will be classified according to the study questions and objectives. We will extract and synthesize themes and patterns related to stem cell treatment for autism’s justification, efficacy, safety, and ethics.

**Limitations**
The constraints of secondary research must be recognized. The conclusions’ credibility and validity are contingent on the quality of the original research used in the meta-analysis. Second, the researcher has no say in how primary data is collected or which factors are considered. Furthermore, it is possible that the depth of understanding of individual experiences and treatment effects is diminished due to the lack of direct connection with human subjects.

**Research Ethics**
No new data is collected for this analysis, human subjects research ethics are not an issue. Therefore, studies that adhere to ethical standards and guidelines will be referenced to address the ethical issues occur in models of animal that are being used and right carrying out the problem of research concerned with stem cells.

**Research validity and reliability**
The legitimacy, thoroughness, and significance of elements are examined by guarantee the validity and the reliability of research. To assure the outcome being consistent, many data sources will be cross-referenced. The study process will also be open for inspection, ensuring that any findings can be independently verified.

**Conclusion**
Secondary sources help researchers learn more about stem cell treatment for autistic youngsters. This review intends to add to the conversation on the therapy of stem cell as the novel treatment for
the autistic behavior by compiling and examining the available research on the topic. Future clinical applications and research can benefit from a systematic approach to collect data and interpretation that provide facilitation for trustworthy and comprehensive information.

**Research Analysis**

Stem cell therapy as an autism treatment

The systematic literature elucidates the persuasive arguments in favor of stem cell therapy as a novel therapeutic option for autistic youngsters. As a result of their unique regenerative and neuroprotective capabilities, stem cells provide intriguing therapeutic options for addressing the underlying brain abnormalities in autism. There may be positive implications for autism-related behaviour based on the findings of Borlongan et al. (2019) and Lee et al. (2020) that reveals cells of stem can promote the brain to repair, and enhance the synaptic connection, with exhibiting the impact of immunomodulatory influence. These results show that stem cell therapy may be able to cure autism by addressing its underlying neurological causes, making it more effective than current treatments.

Considerations Regarding the Reliability and Security of Stem Cell Treatment.

An analysis of ongoing stem cell treatment research for autism shows promising effectiveness outcomes, as reported by Lee et al. (2021). Animal research suggest that autism behaviour and brain connections can both improve after a stem cell transplant. Stem cell treatment has shown promise in preclinical studies, and there is hope that it can help autistic children with speech, social interaction, and repetitive behaviours (Borlongan et al., 2019). However, more study is needed to determine the therapy’s safety and long-term effects in humans. Ethical and safety considerations must be addressed if stem cell transplantation is to be developed and used responsibly. Clinical studies of stem cell treatment must be conducted in a controlled and monitored setting to determine its safety and efficacy (Knoppers et al., 2018).

Implications for Ethics and Respectful Application of Stem Cells

It is the effective treatment for autism that has sparked a heated discussion over the ethical implications of using human embryonic stem cells and how such research should be conducted. Pluripotent embryonic stem cells may have therapeutic applications. However, there are ethical issues with using them because they require the destruction of human embryos. There has been a shift away from using embryonic stem cells in favor of induced pluripotent stem cells (iPSCs) produced from adult tissues such as skin and blood (Siniscalco et al., 2017). Ethical rules and guidelines must be strictly followed in order for stem cell research to be considered responsible. Informed permission, patient selection criteria, and adequate control groups are necessary to guarantee the health and safety of study participants. The transmission of correct information to the public and the scientific community, as well as the transparent reporting of results, are all examples of things to keep in mind while thinking about ethics.

**Research gaps**

Certain gaps in the current status of stem cell treatment research for autism are exposed by offering an analysis of the existing literature. Early clinical trials and preclinical studies have shown promise, but this field of study is just getting started. The controlled studies, based on randomized large scale, it reveals an increased follow up duration to be important for providing increased evidence of the effectiveness and long-term benefits of the treatment. For optimal treatment options and individualized treatments, researchers should also dig further into how stem cell therapy influences autism-related brain circuitry. Treatment results may also be influenced by the genetic and environmental variables that contribute to autism’s observed variability and complexity.

**Conclusion**

This article’s discussion on “Breakthrough Stem Cell Therapy for the child having Autism” has revealed a potential for changing the game of stem cell therapy for treating ASD known as autism spectrum disorder. The unique regenerative qualities of stem cells justify their use in therapy because they allow for a more all-encompassing strategy in the treatment of neurological illnesses. To determine the therapy’s safety
and effectiveness, more study is required, including large-scale controlled studies. Responsible behaviour, respect to ethical principles, and transparency are necessary to properly promote this area. To enhance the advantages of stem cell treatment for people with autism, the research based on the future concentrates over knowing the action and process of action, patient stratification, and individualized methods. This work lays the groundwork for future studies examining the efficacy of stem cell therapy in the treatment of autism spectrum disorder.

Closure Statement
The treatment for Stem cells reveals the effective and problem for child having the ASD. These cells are also termed as Pluripotent cells and have the efficiency to reveal other types of cells. These results suggest that stem cells may be employed to regenerate neurons and repair damaged ones. Several animal studies have shown that stem cell treatment can reduce autistic-like behaviour. One study indicated that stem cell treatment helped autistic rodents engage in less repetitive activity and have more positive social interactions. The outcomes of the first human clinical studies were likewise promising. One study found that teenagers on the autism spectrum were able to communicate better after receiving stem cell treatment. It's important to remember, though, that studies of stem cell treatment for ASD are just getting started. More studies on the efficacy and safety of stem cell treatment in people are needed. Ethical considerations must also be considered before stem cell treatment is extensively employed to treat ASD. For instance, ethical questions have been raised concerning embryonic stem cell research and use. Despite these concerns, stem cell therapy shows promise for improving ASD care. If subsequent studies prove beneficial, stem cell treatment may provide a novel option for helping children with ASD and their families. There are a number of standard methods for dealing with ASD symptoms, but they all have their drawbacks. Although useful, behavioral therapy for children with autism spectrum disorder (ASD) can be time-consuming, costly, and unsuccessful for some kids. On the other hand, pharmaceutical therapies may be tailored to address specific symptoms, often with unintended consequences.

Stem cell therapy is a novel approach to treating the underlying neurological problems in ASD. Stem cell therapy may be able to modify ASD-related behaviours more significantly and for longer than other treatments by fostering neuroplasticity and restoring damaged brain cells. The treatment for ASD may be drastically improved through stem cell research. However, more study is needed to verify its safety and effectiveness. Ethical issues must be resolved before stem cell treatment is used widely. Stem cell treatment may offer a new way to help children with autism and their families, if future studies pan out. Stem cell treatment has been shown to alleviate autistic-like behaviour in animal experiments. Positive findings from preliminary human clinical studies are also present. Ethical issues must be resolved before stem cell treatment is widely used to treat autism spectrum disorder. Stem cells have the potential to create new neurons and repair damaged ones. Stem cell therapy is an exciting new approach to treating autism spectrum disease.

References


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